



*The Kitsap*

# *Voter*

THE LEAGUE OF WOMEN VOTERS OF KITSAP

NOVEMBER/DECEMBER 2009

## **Wednesday, Nov. 18 Public Meeting**

### **“Let’s Talk Dollars and Sense with our Legislators”**

**9:30-10 a.m.: Coffee & Social Time**

**10 a.m.-Noon: Forum**

**Eagles Nest**

**1200 NW Fairgrounds Road, Bremerton**

**Confirmed guests: 23rd District: Rep. Sherry Appleton, Rep. Christine Rolfes; 26th District: Sen. Derek Kilmer, Rep. Larry Seaquist, Rep. Jan Angel (tentative); 35th District: Rep. Kathy Haigh, Rep. Fred Finn**

**Local legislators will be on hand to discuss the upcoming legislative session and to answer questions about the state budget crisis.**

**Open to the Public**

**For information call: (360) 598-3267**

In partnership with:





## President's Message

Jeanette Rankin, born in Montana in 1880, joined the state suffrage movement in Seattle until Washington state enacted women's suffrage in 1910. She then worked for the National American Woman Suffrage Association in Montana, leading the women in that state in gaining the right to vote in 1913. Rankin was the first woman elected to Congress -- in 1916 -- and submitted the House resolution leading to the adoption of the 19<sup>th</sup> amendment for national women's suffrage. Considering her greatest accomplishment, Rankin said, "I want to be remembered as the only woman who voted to give women the right to vote."

We have many older members of our League, our own "Jeanette Rankins," who have accomplished much and made a difference during their lives, here in Kitsap County and in other areas. Please take the opportunity to ask them about their experiences with League and their other passions. Talk to them at our unit and general meetings, be inspired by them, and follow their example by becoming more involved in your League. We need each of you to carry on the work started by those who came before us.

Be sure to thank Ann Smith for the great work she's done with Voters Service – 4 candidate forums for the Primary and 8 for the General Election. It's been a long time since we've done this many forums. Thanks also to all of you who have showed up to help. Bring a friend to the November meeting with our Legislators.

## Upcoming Events

- Oct. 21: Ballot Issues Forum  
10 a.m.-Noon  
Eagles Nest, 1200 NW Fairgrounds Road, Bremerton  
Elizabeth Stevens of the Unitarian Church will speak in favor of R-71  
Robert Struble of the Knights of Columbus will speak against R-71  
Matt Ryan, former Kitsap County Commissioner, will speak in favor of I-1033  
A speaker from the No On 1033 group will speak against I-1033
- Nov. 4: LWV Kitsap Board Meeting  
1-3 p.m. Poulsbo Library Upper Level
- **Nov. 18: "Let's Talk Dollars and Sense with our Legislators"**  
9:30 a.m.-Noon  
Eagles Nest, 1200 NW Fairgrounds Road, Bremerton
- Nov. 21: Action Workshop  
9:30 a.m.-2:30 p.m. (lunch will be served)  
St. Andrews Lutheran Church  
2650 - 148th Ave. SE, Bellevue  
Lobby Team Priority Topics: Public Campaign Financing for Judicial Positions, Early Learning/Education and State Budget  
Cost: \$25 per person (registration form on Page 3)  
Contact Catherine Ahl if you plan to attend

### Unit Meetings

- Oct. 27: CK/Bremerton/SK: 9:30 a.m., Elisabeth Bondy's
- Oct. 28: Bainbridge: 9:30 a.m., Myrna Casad's
- Oct. 28: NK: 9:30 a.m., Pam Hamon's

### New Member

#### Judy Tingley joins League

Judy Tingley is a welcome new member. She has lived on Bainbridge Island for four years, but previously lived in Seattle while obtaining a master's degree at the University of Washington. Her former home was Phoenix, Arizona where she was a practicing psychologist, a therapist, author, and an organizational consultant. She is currently a free-lance writer. Now that she is retired, she is looking forward to being active with political, governmental, and environmental issues at the local level. We hope all members will get acquainted with Judy. Thank you, Madelyn Fox and Ellen Fisher for encouraging her to join.

— Helen Hoover

#### Update Your Contact List

Judith Tingley, 9551 S. Beach Dr. NE, 1C, Bainbridge Island, WA 98110, 206-201-3494, [drtingley@comcast.net](mailto:drtingley@comcast.net).

Dave Peterson, [dwp400@comcast.net](mailto:dwp400@comcast.net)

## League of Women Voters of Washington

### ACTION WORKSHOP 2009

#### REGISTRATION

**Cost: \$25 per venue per person**  
Lunch Provided

Choose one or both venues:

- Benton/Franklin Counties, November 7, 2009  
 Bellevue, November 21, 2009

Name \_\_\_\_\_

Tel/email \_\_\_\_\_

VISA  M/C

Card # \_\_\_\_\_ exp. date \_\_\_\_\_

Check enclosed

**Mail to: LWVWA, 4730 University Way N.E., Suite #720, Seattle, WA 98105**

## Magazine Highlights Healthy Eating at Suquamish Head Start

The spring issue of Native Life, a national magazine for the Native American community, featured an article about the Suquamish Head Start program. This successful program focuses on healthy foods.

Three years ago the staff, including the teachers, who all have master's degrees, decided to take action to change the eating habits of community members. They felt it important to start with 3-to-5-year-old children because they are still open to new foods. Out with sweets and in with veggies and fruit. Water and 1% milk replace juice, and slices of kiwi and grapes replace desserts. Fresh vegetables, whole grains and low-fat meats complete the menu. Kids at Suquamish like green. Broccoli is their favorite and even Brussels sprouts get high marks. They're going from "Yuck to Yum." Nutritionist Fran Miller's motto is "Let the children try it," and head cook Teri Bayes says it works because of the "no-thank you bite rule." The new menu is reinforced by the teachers with positive creative

activities explaining the difference between "sometime foods" and "every day foods." The nutrition program is supplemented with SPARKS (Sports, Play and Active Recreation for Kids). This program is designed to keep all children moving for at least 15 minutes. The interesting addition is that they are taught math, language and nutrition facts while they are running around.

Suquamish Elementary School adds to this program with the Suquamish Homework Club. It includes exercise, nutrition education and healthy snacks. The Port Gamble S'Klallam Head Start is also following this program with good results. As I was told by the secretary at the Suquamish location, this Head Start program funds itself 80%, with the federal government contributing 20%, the reverse of most Head Starts. Now all tribal special events and parties include healthy foods, and to the surprise of everyone, all the "yum" foods are gobbled up.

— Pam Hamon

## League of Women Voters of Washington's Positions on R-71 and I-1033 2009 General Election

### **Referendum 71**

At the biennial State Convention, League members voted to take a YES position on this referendum because of our position opposing discrimination. R-71 asks voters to ratify a bill that was passed in the 2009 Legislature and signed by the Governor. The bill provides equal rights equivalent to those of married couples to couples of the same sex and all unmarried senior couples in many areas including:

- ◆ Death benefits for partners of police and firefighters killed in the line of duty.
- ◆ Right to use sick leave to care for a seriously ill partner.
- ◆ Pension benefits for partners of teachers and other public employees
- ◆ Right to workers compensation benefits if a partner is killed in the course of employment
- ◆ Victim's rights

The League has joined with a coalition to do voter education, voter pamphlet statements and action. For more information, please go to the Yes on R-71 website: [www.approverreferendum71.org](http://www.approverreferendum71.org).

### **LWV Positions:**

League of Women Voters of the United States: "Secure equal rights and equal opportunity for all. Promote social and economic justice..."

League of Women Voters of Washington: "...no person or group should suffer legal, economic or administrative discrimination." Position in Brief: Action to achieve equal rights for all.

Websites for more information:

Approve: [www.approverreferendum71.org](http://www.approverreferendum71.org);

Disapprove: [www.protectmarriagewa.com](http://www.protectmarriagewa.com)

### **Initiative 1033**

At our August 7, 2009 board meeting, the LWVWA Board agreed to join the No on 1033 coalition. To clarify our position opposing the initiative, the Board made an August email board decision to oppose I-1033. At our regular board meeting on September 11<sup>th</sup>, we affirmed our opposition to Initiative 1033. Based on our position regarding fair, open and flexible taxes, the Board believes this initiative is none of these. I-1033 is misleading and complicated. Limiting expenses through a rigid and arbitrary formula based on population growth and inflation, this initiative falls far short of being able to fund even our current levels of health care, education and other basic services. While I-1033 may sound good on the surface, limiting spending in this way will have many unintended consequences.

### **LWV Positions:**

From LWVWA Principles: "...government should maintain an equitable and flexible system of taxation..."

Position In Brief: Action to obtain a balanced tax structure that is fair, adequate, flexible and has a sound economic effect.

The League of Women Voters of Washington believes that flexibility and recognition of changing times and needs is important in tax policy.

Websites for more information:

Pro: [www.permanent-offense.org](http://www.permanent-offense.org)

Con: [www.no1033.org](http://www.no1033.org)

Clip &amp; Mail

**MARK YOUR CALENDAR****OCTOBER**

Oct. 21: Ballot Issues Forum & General Meeting, 9:30 a.m.-noon  
Eagles Nest

Oct. 27: CK /Bremerton/SK Unit Meeting, 9:30 a.m., Elisabeth  
Bondy's

Oct. 28: BI Unit Meeting, 9:30 a.m., Myrna Casad's

Oct. 28: NK Unit Meeting, 9:30 a.m., Pam Hamon's

**NOVEMBER**

Nov. 3: General election ballots due

Nov. 4: LWVKitsap Board Meeting, Poulsbo Library, 1-3 p.m.

Nov. 18: Meet with Legislators, 9:30 a.m.-noon, Eagles Nest

Nov. 21: LWVWA Action Workshop in Bellevue

**DECEMBER**

Dec. 1: Deadline for January Voter

Dec. 2: LWVKitsap Board Meeting, Poulsbo Library, 1-3 p.m.

**League Contacts**

President	Catherine Ahl	(360) 697-7924 <a href="mailto:cathahl@hotmail.com">cathahl@hotmail.com</a>
1st Vice President/Voter Education	Ann Smith	(360) 871-3993 <a href="mailto:smith9797@wavecable.com">smith9797@wavecable.com</a>
2nd Vice President/Policies&Procedures	Barbara Linsert	(360) 779-5553 <a href="mailto:blinsert@comcast.com">blinsert@comcast.com</a>
Secretary	Ann Rudnicki	(360) 895-2746 <a href="mailto:annrud@q.com">annrud@q.com</a>
Treasurer	Myra Howrey	(360) 621-2752 <a href="mailto:mhowrey@hotmail.com">mhowrey@hotmail.com</a>
Membership Chair	Pam Hamon	(360) 598-3508 <a href="mailto:pchamon@msn.com">pchamon@msn.com</a>
Program Chair	Loretta Payne	(360) 509-2695 <a href="mailto:Lpaync43@hotmail.com">Lpaync43@hotmail.com</a>
Communications/Voter Editor	Ann Strosnider	(360) 471-6184 <a href="mailto:astrosnider@mac.com">astrosnider@mac.com</a>
Natural Resources	Judy Matchett	(360) 830-4154
Transportation	Luella Wells	(360) 598-3073 <a href="mailto:lswells@wavecable.com">lswells@wavecable.com</a>
Archives	Ellen Fisher	(206) 842-3548 <a href="mailto:ellenfishc@gmail.com">ellenfishc@gmail.com</a>

**Unit Leaders**

Bainbridge Island	Madelyn Fox	(206) 842-5360 <a href="mailto:madelyn.fox@gmail.com">madelyn.fox@gmail.com</a>
North Kitsap	Pam Hamon	
Central Kitsap	Loretta Payne	
South Kitsap	Ann Smith	

**Got an Extra Coffee Pot?**

The League needs a "new" 30 cup coffee maker. If anyone has a "30 cupper" and would like to donate it, please call Pam Hamon at (360) 598-3508.

**Join the League  
Or Make a Donation**

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_

e-mail \_\_\_\_\_

**Membership Levels**

\_\_\_ \$50 Basic

\_\_\_ \$75 Household

(2 or more members at the same address)

\_\_\_ \$100 Carrie Chapman Catt Member

\_\_\_ \$150 Jo Huey Member

\_\_\_ \$30 Non-member local newsletter subscriber

\$ \_\_\_ Donation to Operating Fund\*

\$ \_\_\_ Donation to Education Fund+

**Please make checks payable to LWV Kitsap****Send to:****LWV Kitsap****PO Box 1524****Poulsbo, WA 98370**

\* Dues &amp; donations to the Operating Fund are not tax-deductible.

+ Donations to the Education Fund are tax-deductible.

# NOVEMBER

2009

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<b>1</b>	<b>2</b>	<b>3</b> General Election	<b>4</b> Board Meeting	<b>5</b>	<b>6</b>	<b>7</b>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b> Meet with Legislators	<b>19</b>	<b>20</b>	<b>21</b> LWVWA Action Workshop
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>29</b>	<b>30</b>					

**League of Women Voters  
of Kitsap County, WA  
PO Box 1524  
Poulsbo, WA 98370**



PERMIT NO. 119  
NON-PROFIT ORG  
U.S. POSTAGE PAID  
POULSBO, WA 98370

*FORWARDING & RETURNING POSTAGE GUARANTEED  
ADDRESS CORRECTION REQUESTED*

## **Nov./Dec. 2009 Voter**

### **Look inside for:**

- Important Meeting with Legislators**
- President's Message**
- New member profile**
- League positions on ballot issues**